



Chrysalis Health Program Guide

About Chrysalis Health

Chrysalis Health is a behavioral healthcare organization providing community-based and outpatient mental health, substance use, psychiatric, care coordination, and specialized treatment services for children, adolescents, adults, and families. Services are individualized, trauma-informed, culturally responsive, and focused on recovery, resilience, family stability, and community integration.

Accreditation, Licensure & Quality

Chrysalis Health has been accredited by the Council on Accreditation (COA) since 2004 and is committed to continuous quality improvement and evidence-based care. Services are delivered in compliance with applicable federal and state regulations, payer requirements, and accreditation standards. Our organization emphasizes clinical excellence, client-centered treatment, and measurable outcomes.

Service Area

Chrysalis Health serves communities in Florida, Ohio, through office-based, community-based, school-based, home-based, and telehealth services. Programs are available across multiple regions of the state, allowing individuals and families to access care in the setting that best meets their needs.

Outpatient Behavioral Health Services

Outpatient services provide assessment, treatment, and recovery support for children, adolescents, and adults experiencing mental health, substance use, co-occurring, or behavioral

health challenges. Services include individual, family, and group therapy, psychiatric evaluation, medication management, telehealth, and specialized treatment programs. Evidence-based practices include CBT, TF-CBT, Motivational Interviewing, Motivational Enhancement Therapy, Parent Management Training, Cognitive Processing Therapy, and Parent Child Interaction Therapy.

STARRT Program

The Sexual Trauma and Risk Reduction Treatment (STARRT) Program provides specialized services for youth demonstrating problematic sexual behaviors. Treatment focuses on accountability, safety planning, healthy boundaries, family engagement, risk reduction, and long-term behavioral change.

Targeted Case Management

Targeted Case Management assists individuals and families with accessing medical, behavioral health, educational, housing, employment, financial, and community resources. Services include assessment, advocacy, service planning, care coordination, resource linkage, and ongoing support.

Community Action Treatment (CAT) Team

The CAT Team is an intensive community-based behavioral health program serving youth at risk of out-of-home placement. Multidisciplinary teams provide therapy, psychiatric services, crisis intervention, mentoring, family support, school advocacy, and care coordination in home, school, office, and community settings.

Comprehensive Behavioral Health Assessments (CBHA)

CBHAs provide comprehensive evaluations of a child's emotional, behavioral, developmental, social, and family functioning. Assessments help identify strengths, needs, treatment recommendations, service needs, and placement considerations.

Family Support Team (FST)

Family Support Team (FST) provides grant-funded behavioral health services to Broward County youth (21 years and under) and their families that experience high utilization of crisis stabilization services which increase the risk of family disruption and child out-of-home placement. Our Team consists of a Therapist, Case Manager, and Peer Specialist who work together with the youth and family via Face-to-Face meetings and/or Telehealth.

Our objectives are to: Provide family-centered services to promote connection and stabilization of the family unit. Decrease out-of-home placements and psychiatric hospitalizations. Strengthen the family and support systems to assist them to live successfully in the community and improve health, wellness, and functioning. Identify resources and assist with linkage to higher level of care if needed.

Juvenile Justice Services

Chrysalis Health partners with the Florida Department of Juvenile Justice to provide Mental Health and Substance Abuse (MHSA) and Intensive Community-Based Care for Youth (ICCY) services. Programs include clinical assessments, treatment planning, therapy, case management, crisis intervention, and community resource coordination using evidence-based practices such as CBT, TF-CBT, and Seeking Safety.

Referral Information

Referrals may be received from physicians, hospitals, schools, managed care organizations, child welfare agencies, juvenile justice agencies, community partners, family members, or through self-referral. Each referral receives a screening and assessment to determine eligibility and the most appropriate level of care.

Service Delivery Options

Services may be provided in office, in home, in school, in community settings, or through telehealth depending on client needs and program requirements. Flexible scheduling, including evening and weekend appointments, may be available.

Community Partnerships

Chrysalis Health collaborates with managed care organizations, hospitals, schools, community behavioral health providers, child welfare organizations, juvenile justice agencies, and other community partners to coordinate care and improve outcomes for the individuals and families we serve.

Crisis Support and Emergency Services

Clients enrolled in applicable programs receive information regarding crisis response and after-hours support. For medical emergencies or situations involving immediate risk of harm to self or others, individuals should call 911 or proceed to the nearest emergency department.

Commitment to Quality Care

Chrysalis Health is committed to delivering high-quality, evidence-based behavioral healthcare services that promote recovery, resilience, independence, and long-term success. We work collaboratively with clients, families, and community partners to ensure access to the right care at the right time in the least restrictive setting possible.