



Mental Health Advance Directive Information — Adults Only

Chrysalis Health does not maintain or manage advanced directives for individuals receiving behavioral health services. Clients are encouraged to seek guidance from their legal or healthcare provider if they wish to create or update an advanced directive. If you already have a mental health Advance Directive, please provide Chrysalis Health with a copy.

If a client requests assistance with advanced directives, the agency may provide referrals to local healthcare providers, legal services, or other community resources that may assist in the process.

While advanced directives are not maintained by the agency, staff may document if a client has or does not have an Advanced Directive, and request a copy and details regarding their surrogate, but these will not be legally binding or treated as advanced directives. Any preference indicated by a client regarding care preferences can be documented in the clinical record, but the agency's responsibility does not extend beyond providing services in accordance with clinical needs.

Please be advised that if you believe you may be hospitalized for mental health care in the future and that your doctor may think you aren't able to make good decisions about your treatment, then completing a "Mental Health Advance Directive" will ensure that your treatment choices are known. It is important that you decide **NOW** what types of treatment you do or do not want and to appoint a friend or family member to make the mental health care decisions that you want carried out. You may always change your preferences or surrogate later. Please note that the person you choose to be your health care surrogate and alternate must be a competent adult whose civil rights have not been taken away.

Please be advised that Chrysalis Health is not intending to provide legal advice with regard to the advance directive, nor is it endorsing any of the forms referred to herein as being the appropriate form for you. Chrysalis Health is merely advising you of your rights and providing information as to where to look for an advance directive sample form. You should always consult with an attorney

regarding your legal rights. The agency does not endorse, certify, guarantee or assume liability for any referrals to a client.